SURVIVOR

TEEN THERAPUTIC GROUP FOR SURVIVORS OF SEXUAL ASSAULT

Our teen support group is a closed **10-week program** that is trauma-informed. We offer group for particpants between **Ages 13-17 years old** who have been sexaully abused/assaulted. Our group offers a safe and confidential space for surviors to feel accepted, heard, and most important develop empowerment.

Teens can begin to learn healing and recovery are possible!

Participants will receive individual one-on-one checkins and obtain outside referrals.

When: **Wednesdays**

Time: **4:30-6pm**

Location: **10200 Sepulveda Blvd. #100**
Mission Hills, CA 91345

Cost: **No Cost**
No Medi-cal necessary

Group Topics Include:

- **Psychoeduction**
- **Coping skills**
- **Boundaries**
- **Self-care**
- **Rebuilding Self-esteem**

To register for group and/or obtain more information please contact Nancy (818)745-2515.

Please note: We are currently accepting referrals. Start date to be determined. All participants required to complete intake process and initial assessment prior to the first session.

The Road Ahead family services

www.RoadAheadFamilyServices.com